

Be friendly and nice, NOT a bully

It's not nice being bullied:

- **Do not** copy peoples habits
- **Do not** pick on peoples disability
- **Do not** call people nasty names
- **Do not** be rude
- **Do not** make people feel bad
- **Do not** exclude people
- **Do not** tell lies about people
- **Do not** threaten people on the phone or internet
- **Do not** hit, kick or shove people
- **Do not** force people to do things they don't want to do
- You cannot touch people who do not want to be touched

BULLYING

**GIVE
PEOPLE
PERSONAL
SPACE**



What you can do about it?



- Talk to someone that you trust; family, friends, staff, Key-Worker, Supervisor, an Advocate or Police
- Don't get physical - Talk to someone
- Ignore the bully and walk away - Tell someone
- Avoid being alone - Sit with your friends
- Build your confidence - Ask for help



1800 677 342

Also see complaints poster



AURORA
SUPPORT SERVICES

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